Trip to Taiwan

Dr. Esmie Herrero



Trip Information

 Original trip organized for 2021, postponed due to COVID

• Dates: 4 – 13 April 2023

• Wanhua District 萬華區



A bit about myself

- Science and Maths teacher (Ireland)
- Online Qin student with Peiyou since 2019
- Chinese traditional music, drawing, Weiqi and calligraphy enthusiast
- Chinese language student





Aims

Learn more about Qin culture

New experiences inaccessible in Ireland

Traditional Chinese music, calligraphy and drawing

Geographical point of interest – nature/biodiversity

Practice Chinese language

Taipei Botanical Garden and Herbarium



















Baiyue music shop

http://baiyue-music.com/







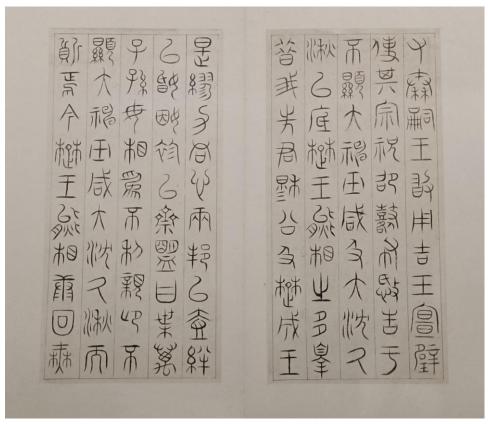
























Zhishan Garden 至善園







Chiang Kai-Shek Memorial Hall







"Eggsactly like this" by Lin Jiahong

















Yehliu Geopark 野柳地質公園













Yangmingshan National Park 陽明山國家公園



Erziping 二子坪

Mt. Miantian 面天山









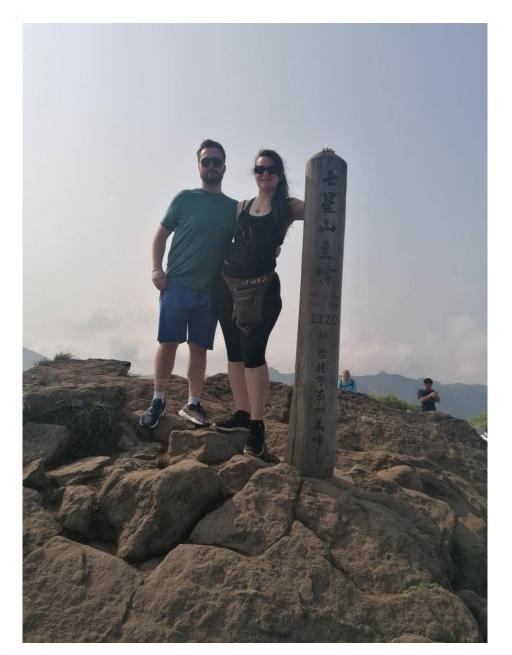
Mt Qixing 七星山

























Meeting Master Yuan Jung-Ping

Taipei Qin Hall 臺北琴道舘





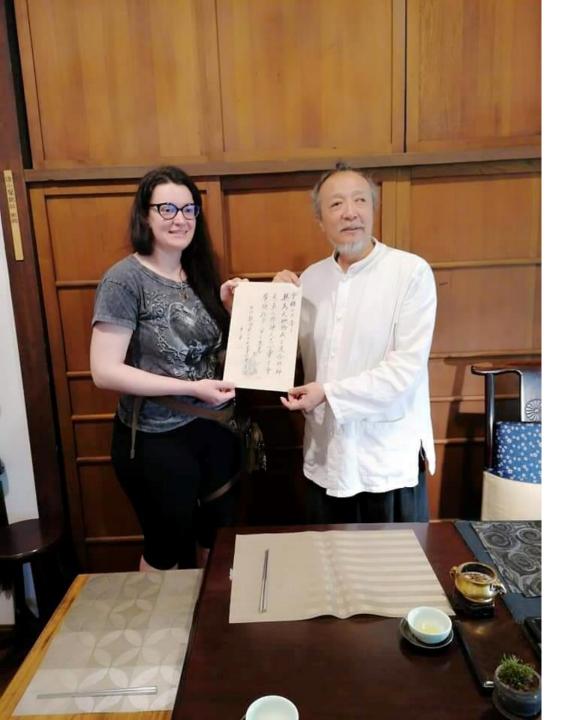
Struggle integrating Qin in my daily life

How to achieve this level of concentration, patience and persistence?

How to experience that feeling of one with the Qin that can only at times be felt?







Qin is a union of me, Heaven and Earth.

It cultivates my body and mind... My spirit and Chi.

It creates a spiritual bond between me and those who understand my music.

In the end, a state of absolute integrity with the universe and supreme goodness is achieved. The ultimate goal, indeed.



https://youtu.be/0lbbwpWWVMM

What I have learned

- The Qin reflects what is inside so the time, the place and the people who listen are all important
- Its is necessary to reflect on why do you want to play the Qin and what you hope to achieve with it
- We should aim to express our own life experience using the Qin
- Knowing more of Qin history and culture can improve your connection to the Qin and playing
- When playing the Qin, there is what the Qin can teach you and what you can learn yourself

Thank You

